



Dear International Wilderness Leadership School Student:

Welcome to the International Wilderness Leadership School (IWLS) program. Enclosed are an information sheet and various forms that must be followed carefully in order for you to receive Western State Colorado University credit in Recreation Outdoor Education (ROE) 397 for the IWLS course in which you are enrolling. You must be accepted for a specific IWLS course *before* submitting these forms to Western State Colorado University. Payment for the *course* is made directly to International Wilderness Leadership School payment for *credit* is made to Western State Colorado University. Enrollment for credit through Western State Colorado University must be completed prior to beginning the IWLS course.

One official transcript will be sent to you after Western State Colorado University has evaluated your written assignments, instructor evaluations, and your grade has been processed by the Registrar's Office. If you need additional transcripts, contact the Registrar's Office at Western State Colorado University. You may obtain a Transcript Request Form at http://www.western.edu/reg/tran_request.html. Your signature must be on the request as well as your name, Social Security number, date attended, mother's maiden name if applicable, and the name and address of the person who will receive the transcript. Transcripts are \$4.00 each.

- _____ A. Information Sheet: This gives information about registration, tuition, grading/incompletes, evaluations, and Western State Colorado University. Return this form to Extended Studies with courses checked.
- _____ B. Registration Form: Return this form and correct payment to our office. Please indicate on the form the name of the course and the dates you will be attending so that we may register you in the appropriate school term.
- _____ C. Disclosure, Disclaimer, and Waiver Form: Complete this form and return it with the registration and payment.
- _____ D. Assignments (REQUIRED FOR LEADERSHIP EXPEDITION COURSES ONLY): Within three weeks of the completion of your course, write your paper which addresses the five learning objectives and e-mail it to Layne Nelson, extendedstudies@western.edu. A separate paper is required for each *block of Leadership Expedition Courses. *A block of Leadership Expedition Courses occurs when a student combines two IWLS 12-day courses or one 12-day and a 24-day course together because of the close proximity of course dates.
- _____ E. Instructor(s) Final Assessment of Your Performance (REQUIRED FOR LEADERSHIP EXPEDITION COURSES ONLY). Remind the IWLS instructor to complete the IWLS Final Assessment form on your behalf. A separate IWLS instructor evaluation is required for each block of Leadership Expedition Courses.

Sincerely,
Extended Studies

Extended Studies, Taylor Hall 303, Western State Colorado University, Gunnison, CO 81231
970-943-2885 (phone) 970-943-7068 (fax)
extendedstudies@western.edu

**International Wilderness Leadership School Course
A. Information Sheet**

Recreation and Outdoor 397 (ROE 397) credit(s) can be earned for the following courses.

Please check the course(s) which you are taking with IWLS.

Leadership Expedition Courses (Mountaineering, Rock Climbing, Ski/Snowboard Mountaineering, Sea Kayaking, Whitewater, Backpacking)	# of Credits	\$ of Credits	WSC Needs (paper/instr. eval)	
_____ 12-day Expedition Course	2 credits	\$250	Yes	Yes
_____ 24-day Expedition Course	5 credits	\$625	Yes	Yes
_____ Multi-Day Leadership Expedition Courses (3, 5, & 7-day courses)	1 credit	\$125	Yes	Yes
_____ Semester Leadership Expedition Courses	12 credits	\$1500	Yes	Yes
First Aid Courses				
_____ Wilderness First Aid (WFA)	1 credit	\$100	No	No
_____ Advanced Wilderness First Aid (WAFA)	2 credits	\$150	No	No
_____ Wilderness First Responder (WFR)	3 credits	\$200	No	No
_____ WAFA to WFR Bridge Course	2 credits	\$150	No	No
_____ Emergency Medical Technician (EMT)	4 credits	\$300	No	No
_____ Wilderness Emergency Medical Technician (WEMT)	7 credits	\$495	No	No
Rescue Courses				
_____ Avalanche (Levels I and II)	1 credit	\$100	No	No
_____ Avalanche (Level III)	2 credits	\$150	No	No
_____ Water Based Rescue	1 credit	\$100	No	No
_____ Rope Rescue	1 credit	\$100	No	No
_____ Professional Incident Response	2 credits	\$150	No	No
_____ Professional Wilderness Rescue	2 credits	\$150	No	No

Grade for Leadership Expedition courses is based on ---

- * the student's completion of the course.
- * the student's written analysis of the entire experience based on the IWLS assignments and Western's learning objectives.
- * IWLS instructor's assessment of student.

Evaluation for First Aid and Rescue courses is based on ---

- * the student's completion of the course.
- * IWLS grade.

Grading/Incompletes ---

Students are graded on a A,B,C,D,F basis. At the discretion of the instructor of record at Western State Colorado University, a student who is unable to complete a course for reasons beyond the student's control (e.g. illness) may be assigned an "Incomplete" (IN). The student must have completed more than one-half of the coursework at an acceptable level at the time of the request for an "Incomplete." The student and the instructor of record must agree upon a plan for the completion of the work within a time period not to exceed one calendar year. If the work has not been completed and the instructor of record has not removed the incomplete grade and recorded a grade on the student's permanent record within that time period, the "IN" will revert to an F.

If a student is sent home by IWLS due to behavior or disciplinary issues, Western State Colorado University reserves the right to process a failing grade based on the student's dismissal and failure to complete the course. Student does not receive a refund.

Registration can be completed by ---

Completing Form A. Information Sheet, Form B. Registration Form, Form C. Disclosure, Disclaimer and Waiver Form, and submitting tuition amount (payable to Western State), which must be received by Western before you begin your IWLS course. Eligible high school students may apply for credit.

**Extended Studies, Taylor Hall 303, Western State Colorado University, Gunnison, CO 81231
970-943-2885 (phone) 970-943-7068 (fax) extendedstudies@western.edu**

International Wilderness Leadership School
B. Registration Form

Course Title(s): _____

Dates of course(s): _____

Name _____ Social Security # _____ / _____ / _____
last first middle

Mailing address _____

City, State & Zip _____

Phone numbers _____

E-mail address _____ Home _____ Work _____
Fax number _____

Sex: M () F () U.S. Citizen: Yes () No () Date of Birth: ____/____/____
Ethnicity: Caucasian () Hispanic () American Indian () Asian-Pacific () Black () Other _____ Withheld ()
Do you have a bachelor's degree? Yes () No () Term/Year last attended Western ____/____

Refund/Cancellation Policy: Withdrawal must be processed through Western State Extended Studies. Non-attendance does NOT constitute withdrawal. No refunds available for AmeriCorps vouchers. Full refunds will be processed if the course is canceled. A refund, less a \$50 cancellation fee, will be processed if you notify Extended Studies 48 hours prior to the course. No refunds will be allowed after the course begins. Returned checks are assessed a \$17 service charge.

If the student is sent home by IWLS due to behavior or disciplinary issues, Western State reserves the right to process a failing grade based on the student's dismissal and failure to complete the course. Student does not receive a refund.

Selective Service Information: Males who are 18 years of age or older, born after 1960, and who are not permanent residents of the Trust Territory of the Pacific Islands or the Northern Mariana Islands MUST be registered with the Selective Service to comply with Colorado law and to register for credit classes. Individuals not in compliance are subject to penalty of law and to withholding of transcripts. **NO GI BILL OR FINANCIAL AID ARE AVAILABLE FOR THIS PROGRAM.**

Total Amount Due: _____

Method of Payment: (Full payment in U.S. dollars is required **with registration**.)
____ I am submitting an AmeriCorps Voucher in the amount of \$_____ to cover the cost of WSC credits and IWLS tuition. **SHOW PROOF OF YOUR AMERICORPS VOUCHER AT THE TIME OF REGISTRATION. SUBMIT YOUR VOUCHER ONLINE AT http://www.americorps.gov/for_individuals/alumni/myamericorps.asp.**
You must enroll in college credit through Western State Colorado University to use an AmeriCorps voucher. Your tuition to WSC will be deducted first from the voucher. The balance will be used for the course fees. No refunds available for AmeriCorps vouchers.

____ Cash _____ Check or Money Order payable to Western State Colorado University
____ Visa _____ MasterCard _____ Discover Card _____ Expiration Date ____/____

Name on card _____

Card# _____

I declare that the information provided is true and complete, that I wish to enroll for credit and that the credit card information (if used) is correct and may be used to charge the card.

Signature: _____

**International Wilderness Leadership School
C. Disclosure, Disclaimer and Waiver Form**

Recreation and Outdoor Education (ROE) 397: International Wilderness Leadership School

IWLS Course Title: _____ Dates of course: _____

IWLS Course Title _____ Dates of course: _____

IWLS Course Title _____ Dates of course: _____

Total number of credits: _____

Name _____ Social Security # _____ / _____ / _____
Last First Middle

I (WE) UNDERSTAND AND AGREE that participation in this International Wilderness Leadership School course (the “Activity”) with Extended Studies and Western State Colorado University is dangerous and involves risk and that I am (we are) cognizant of the risks and dangers inherent with such a course. Injuries could include, but are not limited to, sprains, contusions, fractures, paralysis and even death. I (We) also understand that I am (we are) not required to participate in this Activity, but that such participation is optional.

AS LAWFUL CONSIDERATION for being permitted by Extended Studies and Western State Colorado University to participate in the referenced Activity, I (we) do hereby **RELEASE FROM ANY LEGAL LIABILITY, AGREE NOT TO SUE, CLAIM AGAINST, ATTACH THE PROPERTY OF OR PROSECUTE, AND FURTHER AGREE TO DEFEND, INDEMNIFY AND HOLD HARMLESS** Extended Studies and Western State Colorado University, and all of their officers, directors, members, organizations, agents and employees of any injury or death caused by or resulting from my participation in the Activity described above, **WHETHER OR NOT SUCH INJURY OR DEATH WAS CAUSED BY THEIR NEGLIGENCE OR FROM ANY OTHER CAUSE.**

THIS IS A RELEASE OF LIABILITY. IF UNDER EIGHTEEN (18) YEARS OF AGE, SIGNATURE OF PARENT OR GUARDIAN IS ALSO REQUIRED.

This Agreement, made in the State of Colorado, County of Gunnison, shall in all respects be governed in accordance with the laws of the State of Colorado. Any action brought by either party to enforce any of the terms or conditions of this Agreement shall be brought only in such county. Each party consents to the jurisdiction and venue of the appropriate Court in such county.

IN WITNESS WHEREOF, I (we) have hereunto set our hand on the dates indicated the last such date governing the effective date of said Agreement.

Signature of Participant Date

Signature of Parent (if participant is under 18 years of age) Date

**Extended Studies, Taylor Hall 303, Western State Colorado University, Gunnison, CO 81231
970-943-2885 (phone) 970-943-7068 (fax)
extendedstudies@western.edu**

International Wilderness Leadership School

D. Written Assignments (REQUIRED FOR LEADERSHIP EXPEDITION COURSES ONLY)

Within three weeks of completing the course, you must e mail your paper to extendedstudies@western.edu. Your paper must address the five objectives listed below. A paper is required for each block of Leadership Expedition Courses.

To help you in this process, it is expected that you keep a detailed IWLS journal during your course which tracks your thoughts and experiences in each of the objectives. This paper is not meant to be a meaningless administrative requirement. Rather, it should help you get the most from your field experiences. It should solidify in your mind what happened, help you analyze the pieces involved, and help you transfer or apply this information to your life. In the paper, please briefly describe the course you were enrolled in and then address each objective under its own subheading. Explain how your experiences on your International Wilderness Leadership School course affected your growth in each area. In a final section, summarize your feelings and recommendations about the International Wilderness Leadership School experience and how you might now be living your life differently. You are encouraged to support your opinions using properly documented references (APA format). This could include leadership, teaching, or environmental books. Your paper should not be a copy of your journal or simply a documentation of what happened every day of your course. Rather focus on what you were learning using course experience as the backdrop. Describe what you were thinking about and the concepts you formed or accepted. Explain how you might apply this new knowledge to your current life. You can include some pictures, poems, graphs, etc. to help you communicate. *A block of Leadership Expedition Courses occurs when a student combines two IWLS 12-day courses or one 12-day and a 24-day course together because of the close proximity of course dates.

Your paper must be typed and double spaced with a cover page, followed by a running heading and page number on each page of the text. Correct grammar and spelling is expected. Careless errors will distract from your presentation. Use 12 point Times New Roman font. Please keep in mind that this paper should document a learning experience that is equivalent to the credits requested. For example, how much learning and work are required of someone in a 3 credit class during a full college semester? How much would be required if they were taking a full load of 12 credits for this semester? Please write your paper with that in mind. The length and depth of your paper should be somewhat related to the number of credits you are requesting. It usually results in approximately two to three pages per credit. Your paper will be evaluated on the following basis: 20% for proper format and clarity in your writing and 80% for content, including adequate and honest coverage assessing your fulfillment of the learning objectives.

Western State Colorado University will award credit after you have successfully completed your IWLS course based on your field instructor's evaluation, your satisfactory written analysis of the course, and after full payment of tuition has been received. Your final paper and instructor evaluations are **due within three weeks** after the completion of your IWLS course. **You must e mail your paper to extendedstudies@western.edu.** A short grace period will be given and then a **grade of "F" will be recorded** if your paper is not received in this office within five weeks from the completion of your course. Please contact this office if you have questions or legitimate concerns with this policy.

OBJECTIVE #1: LEADERSHIP AND TEACHING SKILLS

I will improve my judgment by analyzing situations during the course, studying actions and results. I will show initiative and take responsibility for assisting others whenever possible. I will contribute to the problem solving and decision making process. I will develop effective presentation skills. I will work on organizing my thoughts, using my resources, minimizing distractions, and maximizing motivation. I set higher expectations for myself than for others, showed appreciation for the contributions of others, and pursued what I believed to be right in the face of discomfort, hardship, impulses of the moment, mockery, or boredom.

OBJECTIVE #2: TECHNICAL SKILLS

I will learn the techniques of safely doing either/or snow, land or water based adventure outdoor activities by following the procedures and practices of the course. By the end of the course, I will have an understanding of my abilities and limitations in respect to safely pursuing the activities practiced.

OBJECTIVE #3: COMMUNICATION AND TEAM BUILDING

I will show positive regard and respect for others on the course and will actively communicate to enable team building. This will assist the group in becoming cohesive and will enable it to function as a team. I will work on self expression, listening, and feedback techniques. I have learned to appreciate and utilize the strengths of people who are different from me. I am aware of the strengths and weaknesses of my own personality preferences. I do not avoid conflict but deal with it in a timely and constructive manner.

**International Wilderness Leadership School
Learning Objectives/Written Paper - continued**

OBJECTIVE #4: ENVIRONMENTAL PRACTICES AND SAFETY AWARENESS

I will practice LNT (leave no trace) camping skills to establish good safety, environmental, and hygienic standards by following the guidelines of the course. This will include: camping, cooking, and navigating. Throughout the course, I will display conscientious and consistent regard for safe and environmental practices in outdoor living. I will carefully assess risks and manage them effectively.

OBJECTIVE #5: SELF GROWTH AND SERVICE

I will keep an open mind to different philosophies and ideas and try new activities. I will endeavor to extend myself in difficult situations and will also assist others striving for success. This will be achieved by using compassion, tolerance, a sense of humility, and concern for others.

**Extended Studies, Taylor Hall 303, Western State Colorado University, Gunnison, CO 81231
970-943-2885 (phone) 970-943-7068 (fax)
extendedstudies@western.edu**

International Wilderness Leadership School
IWLS Final Assessment

Student's Name:
Course:

Date:
Instructor(s):

On a scale from 1 - 5 (1: unsatisfactory 2: needs improvement 3: satisfactory 4: good 5: exemplary) evaluate the student on his/her performance during the course for each of the assessment subcategories and each curriculum topic. Please comment on any remarkable performance points & provide as much detail as possible.

IWLS Curriculum	Subcategory Grades	Assessment Subcategories	Curriculum Grade	Instructor's Comments
Leader of the Day	1 2 3 4 5	Appropriate use of various leadership styles	1 2 3 4 5	
	1 2 3 4 5	Supportive of other leaders		
	1 2 3 4 5	Time Management & Planning		
Situational Based Decision Making	1 2 3 4 5	Identifies & utilizes resources	1 2 3 4 5	
	1 2 3 4 5	Decision making timeliness		
	1 2 3 4 5	Safety considerations		
Focused & "Big Picture" Awareness	1 2 3 4 5	Overall situational awareness	1 2 3 4 5	
	1 2 3 4 5	Objective hazard awareness		
	1 2 3 4 5	Subjective hazard awareness		
Logistics	1 2 3 4 5	Awareness of transport coordination	1 2 3 4 5	
	1 2 3 4 5	Organizational skills		
	1 2 3 4 5	Planning & communication		
Communication Skills	1 2 3 4 5	Active communicator	1 2 3 4 5	
	1 2 3 4 5	Demonstrates appropriate body language & speaks clearly		
	1 2 3 4 5	Understands use of available communication devices		
Teaching & Lesson Plans	1 2 3 4 5	Knowledge of topic	1 2 3 4 5	
	1 2 3 4 5	Creates lesson plan		
	1 2 3 4 5	Knowledge & application of teaching techniques		
Expedition Behavior & Group Dynamics	1 2 3 4 5	Provides positive & constructive feedback	1 2 3 4 5	
	1 2 3 4 5	Receives & applies feedback		
	1 2 3 4 5	Demonstrates positive group mindset		
	1 2 3 4 5	Shares in expedition workload		
	1 2 3 4 5	Respectful of other groups		
	1 2 3 4 5	Ability to motivate & shows personal interest in course		
Camp Set-Up/Maintenance	1 2 3 4 5	Supports group tasks for setting up & breaking down camp	1 2 3 4 5	
	1 2 3 4 5	Personal gear organization		
	1 2 3 4 5	Proactive camp maintenance		
Nutrition & Cooking	1 2 3 4 5	Understands the needs of a healthy active diet	1 2 3 4 5	
	1 2 3 4 5	Prepares meals appropriately		
Navigation	1 2 3 4 5	Map & compass	1 2 3 4 5	
	1 2 3 4 5	Route finding		
Weather	1 2 3 4 5	Understands meteorology (fronts, clouds, winds, & topo effects)	1 2 3 4 5	
	1 2 3 4 5	Identifies weather indicators as appropriate		
	1 2 3 4 5	Recognizes potential weather hazards		
Leave No Trace Ethics	1 2 3 4 5	Actively demonstrates proper LNT ethics	1 2 3 4 5	
Natural & Cultural History	1 2 3 4 5	Takes an active interest in the local flora/fauna & geology	1 2 3 4 5	
	1 2 3 4 5	Aware & respectful of cultures & other groups		
Wilderness Medicine & IWLS Emergency Procedures	1 2 3 4 5	Aware of basic wilderness first aid procedures	1 2 3 4 5	
	1 2 3 4 5	Demonstrates understanding of emergency protocols		
	1 2 3 4 5	Incident Coordinator role		
	1 2 3 4 5	Uses preventative measures to avoid emergency situations		

Technical Skills	1 2 3 4 5	Skill proficiency	1 2 3 4 5
	1 2 3 4 5	Appropriate use of specific skills	
	1 2 3 4 5	Safety awareness	

Total the number of points from the curriculum point scale to reflect the student's performance based on the following academic grading scale.

(0 - 15) = 55%

(16 - 30) = 65%

(31 - 45) = 75%

(46 - 60) = 85%

(61 - 75) = 95%

Total Points:

Final Score: _____%

Overall Comments:

Topics going well:

Topics to improve:

Student's potential for career as an outdoor leader:

Additional
comments:

Signatures acknowledge review of this form by both parties and does not necessarily imply agreement with assessment statements.

Instructor:

Date:

Student:

Date:

**Extended Studies, Taylor Hall 303 Hall, Western State Colorado University, Gunnison, CO 81231
970-943-2885 (phone) 970-943-7068 (fax)
extendedstudies@western.edu**