



IWLS

International Wilderness Leadership School

Course Itinerary

This is a flexible trip itinerary that shows the general progression of the trip. Our exact schedule will depend highly on the weather, strength of the group, and time of year.

Day 0: We will meet at your hotel in Salt Lake City for a meet and greet with your fellow students and instructors. Please bring your personal gear and clothing for a gear check. We will discuss course goals and expectations.

Day 1: We'll get an early start from Salt Lake City, and head down to Southern Utah to one of a series of excellent canyoneering and backpacking locations.

Day 2 – 7: Skill intensive backpacking/canyoneering instruction. This portion of the course focuses on the technical skills associated with backpacking and canyoneering. Skills including but not limited to: backpacking, rappelling, ascending, desert ecology, minimum impact camping, anchors, belaying, and emergency protocols.

Days 8 - 11: Leadership, judgment, decision making development. We'll continue exploring slot canyons and secluded canyons and develop technical canyoneering skills. Participants will have the opportunity to be in leadership roles.

Day 12: Return to Salt Lake City. In the last few days of the course we will have final peer and instructor evaluations. Students will be evaluated on their understanding and completion of the IWLS curriculum.

