

## **Course Itinerary**

This is a flexible trip itinerary that shows the general progression of the trip. Our exact schedule will depend highly on the weather, strength of the group, and time of year.

Day 0: Arrive in Haines.

Day 1 – 5: Classroom time in Haines. Class will go from 8:00 am to about 5:00 pm.

**Day 6:** In the morning we'll prepare for our 3-day sea kayaking trip into the wilderness surrounding Haines. We'll hit the water by the afternoon.

**Day 6-8:** Sea kayaking portion: We'll explore practices and scenarios associated with ocean travel and emergency protocols in Alaska. Days will be spent traveling, camping, and covering wilderness medicine curriculum.

Day 9-14: Classroom time in Haines. Class will go from 8:00 am to about 5:00 pm.

Day 15: Day off

**Day 16-18:** Backcountry hiking portion: We'll explore practices and scenarios associated with backpacking and emergency protocols in Alaska. Days will be spent traveling, camping, and covering wilderness medicine curriculum.

Day 20: Day off

**Day 21-28:** Classroom time in Haines. Class will go from 8:00 am to about 5:00 pm. The last few days there will be a culmination in scenarios and demonstration of students' competency and performance. We will finish off with the EMT-basic Alaska exam, the National Registry exam overview/practice, and IWLS WEMT exam.

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