

# WILDERNESS EMERGENCY MEDICAL TECHNICIAN COURSE

## **Course Location:**

The International Wilderness Leadership School is based in Haines, Alaska, a small community located ninety miles north of Juneau, (the state capital) at the top of the Inside Passage. Haines borders Glacier Bay National Park. The Park and the adjacent 27 million acres, including Wrangell-St Elias National Park, comprise the largest protected wilderness area on the planet. It is an extremely jagged, glaciated, mountain landscape that includes the world's largest non-polar ice caps, pristine fjords, and wilderness rivers. The elevation of the peaks in this region ranges up to 20,000 feet. This terrain is amongst the best in North America for learning climbing skills, and the sea kayaking, rafting, trekking, and skiing here are world class.

Our expedition center in Haines is an outstanding gateway for accessing this unrivaled wilderness area.

#### **Course Goals:**

- Students will be certified WEMTs through the International Wilderness Leadership School.
- Students will be certified EMT Basic for the state of Alaska with an overview of additional material on the National Registry exam.
- Students will have an in depth understanding up emergency protocols and treatment in the wilderness setting of Alaska.

## **Course Itinerary**

This is a flexible course itinerary. Days off and exact structure may vary.

Day 0: Arrive in Haines.

**Day 1 – 5:** Classroom time in Haines. Class will go from 8:00 am to about 5:00 pm.

**Day 6:** In the morning we'll prepare for our 3-day sea kayaking trip into the wilderness surrounding Haines. We'll hit the water by the afternoon.

**Day 6-8:** Sea kayaking portion:

We'll explore practices and scenarios associated with ocean travel and emergency protocols in Alaska. Days will be spent traveling, camping, and covering wilderness medicine curriculum.

Day 9-14: Classroom time in Haines. Class will go from 8:00 am to about 5:00 pm.

Day 15: Day off

**Day 16-18:** Backcountry hiking portion:

We'll explore practices and scenarios associated with backpacking and emergency protocols in Alaska. Days will be spent traveling, camping, and covering wilderness medicine curriculum.

Day 20: Day off

**Day 21-28:** Classroom time in Haines. Class will go from 8:00 am to about 5:00 pm. The last few days there will be a culmination in scenarios and demonstration of students' competency and performance. We will finish off with the EMT-basic Alaska exam, the National Registry exam overview/practice, and WMA's WEMT exam.

During the course, there will be 3 nights of night classes, possibly going until 10:00pm.





### **Course Curriculum:**

Topics covered during the WEMT course include but are not limited to the following:

- Health and Safety of the professional rescuer
- Airway Management
- Patient Assessment
- Medical/Behavioral Emergencies
- Trauma
- Obstetrics, Infants, and Children
- CPR
- AED
- High Altitude Medicine
- Environmental Injuries
- Wilderness Emergency Protocols
- Emergency Management
- Liability and Risk management

#### **Evaluation**

Evaluation process is based on written exams, practical exams, and scenario participation/performance.

## **Certifications**

Upon completion of the Wilderness Emergency Medical Technician, students will be eligible for the following certifications:

- Alaska EMT-B
- WEMT through the International Wilderness Leadership School

#### Included

Course materials, professional and certified instructors, food during the backcountry portions of the course, and group camping equipment for the backcountry portions of the course.

#### **Not Included**

Food during the classroom portion of the course, accommodations in Haines, personal clothing/equipment for backcountry portions of the course, and sales tax.

